

MAZCAN ENTERPRISES, LLC



**FOSTER PARENT INSERVICE
TRAINING GUIDE**

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PARENTING A TEEN PARENT

Training Summary:

Teen pregnancy has been called an “epidemic” and a national emergency. Stereotypes of teen parents abound: They are said to be uneducated, irresponsible, abusive, immoral and destined to a life of poverty. This training is designed to aid the foster parent in helping the teenage parent access community resources by increasing the teenager’s level of knowledge and skill in basic child care, health care, assisting them in earning their high school diploma and financial literacy.

Objectives:

Participants will learn to:

- Provide basic child care and support in the role of a mentor
- How to help the teen parent stay in school, succeed and graduate
- Identifying teenage parent support programs and childcare services
- Preventing repeat pregnancy
- Increasing the teenager’s knowledge of self care, parenting skills and child development
- Attend and be involved in all medical appointments

PARENT A PRESCHOOLER (AGES 0-5)

Training Summary:

This training is designed to assist the foster parent in identifying the milestones that mark normal development of children 0-5 and avoiding the expectation of children acting older than they are. Participants will be able to recognize the physical, emotional and mental needs of children 0-5 years old.

Objectives:

Participants will learn to:

- Recognize the difference between positive parenting and negative parenting (teaching and protecting versus punishment and exposing to harm)
- Determining your own current parenting style
- Learn the difference between discipline and punishment
- Utilizing behavior modification techniques
- Celebrating the child's uniqueness

PARENTING A SCHOOL AGE CHILD (6-10 YEAR OLDS)

Training Summary:

Participants will learn how to best support their foster children by learning as much as they can about child development. They will also be able to identify how their own behaviors can influence the foster child's social and emotional growth.

Objectives:

Participants will learn to:

- Learn the milestones of normal development from 6-10 years old
- Examine the differences in concrete and abstract thinking
- Recognize the changes in the physical, emotional and mental needs in children
- Commit to avoid destructive punishment and embrace positive discipline

PARENTING TWEENS (AGE 11-13)

Training Summary:

This training is designed to help foster parents understand the physical and emotional changes that occur in adolescents during puberty and will allow them to become comfortable answering questions about puberty. Participants will also review the psychosexual stages of adolescents and teens.

Objectives:

Participants will learn to:

- Define puberty
- Exploring pre-teens' personal concerns about puberty
- Active listening to provide emotional support
- Identify Contraceptive Options
- Sexual Transmitted Diseases (STDs)

PARENTING TEENS AND YOUNG ADULTS (14 - 21 YEAR OLDS)

Training Summary:

A young/ prime adult, according to Eric Erickson's stages of human development is generally a person between the ages of 20-40 whereas an adolescent is a person between the ages of 13-19. This training will focus on morality and key decision-making skills during this stage.

Objectives:

Participants will learn to:

- Identifying the psychological developments
- How to discuss substance abuse and peer pressure
- Financial literacy education
- Violence prevention skills
- Prepare youth for job training and skills development

THE SANDWICH GENERATION

Training Summary:

Nearly 10 million adults are now raising kids or supporting an adult child while giving a financial hand to an aging parent. Many factors weigh into why people are feeling “sandwiched” by the responsibility of providing for multiple generations. To compound this issue, the eldercare industry is not well equipped to meet the demand for affordable care. As the aging community grows, the demands of the sandwich generation will remain and be felt by generations to come. The following training will help caregivers understand the challenges of being in the sandwich generation and how to care for themselves so they can better care for their loved ones.

Objectives:

Participants will learn to:

- Define “The Sandwich Generation”
- Understand factors which created “The Sandwich Generation”
- Address the challenges and emotional effects of care giving
- Review coping skills and strategies to manage providing care to multiple generations

UNDERSTANDING MENTAL HEALTH DIAGNOSES

Training Summary:

This training is designed to equip foster care parents with the information and tools necessary to provide care for a child diagnosed with a mental health disorder. This information is crucial in order for the child's need to be properly fulfilled and services are advocated for when required.

Objectives:

Participants will learn to:

- Define mental health and dual diagnosis
- Recognize the significant overlaps between symptoms of mental illness and substance abuse
- Identifying the correct psychotropic medications
- Identify therapeutic community resources

MEDICATION MANAGEMENT

Training Summary:

Medication management is the monitoring of medications a patient takes to confirm that the patient is complying with a medicine regimen, while also ensuring the patient is avoiding potentially dangerous drug interactions and other complications. This is especially important for patients taking large numbers of medications to address chronic illnesses.

Objectives:

Participants will learn to:

- Define medication management
- Assess benefits and risks of drug therapy
- Identify the different types of commonly used medications
- Develop a pharmaceutical care and medication -related action plan

COPING WITH GRIEF AND LOSS

Training Summary:

Grief is something every person will experience in his or her lifetime. Emotions related to grieving do not only come from the loss of someone we love but from losing someone or something that we hold dear. At times, grief can be complicated by other factors such as trauma, suicide or being a caregiver, causing us to get stuck in the grief process. It is important to understand the normal phases of grief and how to cope with loss so that we are able to manage grief ourselves and support others who may be coping with loss.

Objectives:

Participants will learn to:

- Define grief and loss
- Learn the types of grief
- Understand the stages of grief
- Learn the symptoms of grief
- Understand the different types of complicated grief
- Learn techniques for coping with grief
- Understand how to support someone who is grieving

BEHAVIOR MANAGEMENT

Training Summary:

Behavior Management is the focus on maintaining order. Behavior management includes all of the actions and conscious inactions to enhance the probability children, individually and in groups, choose behaviors, which are personally fulfilling, productive and socially acceptable.

Objectives:

Participants will learn to:

- Define Behavior Management
- Enhance youth involvement
- Establish a positive environment
- Learn different behavior management techniques
- Decrease antisocial and disruptive behaviors
- Increase appropriate prosocial behaviors

PREVENTING PARENTAL BURNOUT

Training Summary:

Many people believe that the phenomenon of burnout is an inevitable result of long hours at the job, a busy schedule and the stress of balancing home and work. However, a fast paced environment comprised of these elements does not necessarily lead to burnout. The key is to understand the nature of burnout, as well as the signs, in order to manage your susceptibility to this condition. This training will review the concept of burnout and promote awareness so that participants can take action as soon as signals are evident.

Objectives:

Participants will learn to:

- Understand the root causes, symptoms and warning signs of burnout
- Develop strategies and interventions for decreasing burnout potential
- Identify effective plans for remaining challenged and overcoming burnout
- Determine how to best handle burnout based on your outlook
- Decrease burnout potential through activities and assessments

PLANNING FOR FAMILY VISITATION

Training Summary:

Family visitation of the child in foster care serves to maintain family links during a difficult period in the lives of both parents and children. According to the child welfare law and theory over the last decade, permanency or stabilizing the life of a child in foster care is the highest value in out-of-home placement.

Objectives:

Participants will learn to:

- Identifying the goals of visitation as it relates to the continuity of child care
- Preparing and understanding the logistical details of the visit
- Understand how to be the support to the foster child and the biological family
- When and when NOT to participate in the family visit
- How to deal with the child's behavior upon return from family visitation

PREPARING FOR REUNIFICATION AND/OR RELATIVE PLACEMENT

Training Summary:

Reunification of children with their families is best done with the involvement of children's parents, foster parents and other family members. Working closely with the children's parent's embodies family-centered practice and can facilitate the return home more quickly than if parents are not engaged.

Objectives:

Participants will learn to:

- Define reunification process
- Barriers of reunification and relative placement
- Transferring the child's medical information and appointments
- The legal ramifications associated with adoption and legal guardianship

POST PERMANENCY SUPPORT

Training Summary:

Safety, permanency and well-being are goals for all children and youth, especially those in foster care. Helping youth leave foster care to live with legal, permanent families are a key strategy in achieving these goals. Assisting youth in establishing and nurturing permanent, caring connections to responsible adults also supports these groups.

Objectives:

Participants will learn to:

- Define permanency support
- Understand the reunification process
- Learn the adoption and guardianship process
- Identify permanent placement with a fit and willing relative
- Placement in another planned permanent living arrangement

PRE-ADOPTION I, II, AND III

Training Summary:

Deciding to adopt is a life-changing event. Preparing to discuss adoption with your family members and your foster child can be a challenge. This training will be co-facilitated with current foster/adoptive parents who will discuss their journey on the adoption path.

Objectives:

Participants will learn to:

- Pre-adoption requirements
- Adoption disruption
- Interstate compact on the placement of children
- Laws associated with adoption

POST ADOPTION I, II, AND III

Training Summary:

The post adoption process is a critically important stage of the adoption process. Every stage of the adoption process is important but the obvious high point is when you first get the adoption decree. This training will focus on the task adoptive parents will face after adoption.

Objectives:

Participants will learn to:

- Preserving important documents
- Filing for the Adoption Tax Credit
- Applying for a Social Security Card
- Knowing the re-adoption process

UNIVERSAL PRECAUTIONS

Training Summary:

Universal precautions refer to the practice of avoiding contact with patients' bodily fluids, by wearing medical gloves, goggles and face shields.

Objectives:

Participants will learn to:

- TB tests & immunizations for yourself
- Hand hygiene
- Use of protective barriers
- Proper disposal of “sharps” (any device used to puncture or cut, such as needles & scalpels)
- Identify when Transmission-Based Precautions apply
- Locate a source of precautions for specific conditions

PROMOTING A HEALTHY LIFESTYLE

Training Summary:

A healthy lifestyle requires balancing many interrelated factors, not merely consuming an apple a day. When this balance is achieved, body, mind and spirit all work in harmony and function at optimal levels. This can be difficult because the elements of a healthy lifestyle are diverse and distinct. This seminar will review the primary factors for balanced health, while encouraging individuals to review what is healthy and unhealthy within their own lives to promote lifestyle change.

Objectives:

Participants will learn to:

- Understand key components of lifestyle patterns and recognize individual reasons for lifestyle choices
- Understand the biological, psychological and social components of the lifecycle balance
- Identify specific areas where balance can be introduced to minimize health risk
- Incorporate wellness, nutrition and exercise into routines to reduce health risks and implement change
- Recognize balance and fitness through a comprehensive series of self-inventories and activities

STRESS MANAGEMENT

Training Summary:

Unhealthy levels of stress are epidemic in today's fast paced world and these heightened levels often lead to negative health consequences. Many of these adverse health consequences are preventable. This workshop provides a comprehensive overview of the physical and psychological aspects of stress. Primary emphasis on stress management promotes an understanding of how to prevent unhealthy stress and find lasting solutions for enhancing healthy lifestyles.

Objectives:

Participants will learn to:

- Understand definitions of stress
- Identify physical and psychological perspectives on stress
- Recognize common indicators of healthy and unhealthy stress as well as corresponding coping strategies
- Differentiate stress from burnout
- Implement self-diagnostic strategies for understanding one's personal level of stress
- Identify vulnerability, sources and symptoms of stress through assessments and activities

SLEEP DEPRIVATION

Training Summary:

Most people do not get the sleep needed to function at their highest potential. Today's world is on the go twenty-four hours a day due to improved technologies, high expectations and increasing demands. Sleep deprivation generates loss of productivity in addition to cognitive, emotional, and physical effects, which interfere with all aspects of our daily routines. At the extreme, insufficient sleep can result in medical problems and most severely, death. This training will help participants develop a plan to assess their sleep habits and get back on track to achieve optimal potential.

Objectives:

Participants will learn to:

- Understand facts about sleep
- Recognize the effects of sleep deprivation
- Reduce the risk of sleep related problems and injuries
- Manage effective strategies for obtaining quality sleep
- Identify potential sleep disorders and related problems
- Identify patterns of behavior through a series of comprehensive self-inventories

UNDERSTANDING ADDICTIONS

Training Summary:

Substance abuse addiction is a serious health hazard that touches the lives of countless Americans. Negative effects are not limited to the individual and family, but have far-reaching implications for the workplace and society. Alcoholism and drug addiction cost business and industry an estimated 1.2 billion dollars yearly in lost productivity. Despite this significant negative impact, substance abuse is treatable. This seminar offers an exploration of the many facets of addiction, its impact and review of solutions available for treatment.

Objectives:

Participants will learn to:

- Understand key terminology related to addiction including substance use, abuse, dependency and experimentation
- Understand the addiction curve and key stages of chemical dependency
- Recognize signs and symptoms indicating the progression of addiction
- Identify effective treatment strategies for workplace intervention
- Explore effective coping strategies for supervisors, co-workers, family members and other individuals negatively impacted by addiction
- Identify and apply knowledge of addictions through various inventories and discussions

UNDERSTANDING ALLERGIES AND ASTHMA

Training Summary:

One in four Americans lives with Allergies and/or Asthma. The symptoms presented by these diseases can create a barrier to participating in some activities and living the lifestyle that you deserve, if you allow them. This training will offer definitions of Asthma and Allergies review their symptoms and offer tips on managing these symptoms to create a more comfortable lifestyle.

Objectives:

Participants will learn to:

- Use self-inventories to test current knowledge related to Allergies and Asthma
- Define both Allergies and Asthma
- Understand statistics about Allergies and Asthma
- Review types, symptoms and typical treatment options of both Allergies and Asthma
- Learn tips for living with Allergies and Asthma

SMOKING CESSATION

Training Summary (4 week series - 1 hour weekly):

Smoking cessation is possible with a few basic principles, a new perspective on quitting, and group support. In this informative and interactive series, participants are supported in their efforts to break the habit through use of the *Fresh Start Program* created by the American Cancer Society. This four-week series offers state-of-the-art methods, assessments, strategies and in depth discussion for preparing to quit as well as support for staying quit.

A one-hour seminar, which addresses the thoughts, feelings and behaviors that surround smoking, the effects of smoking despite health concerns and techniques available to assist with quitting, is also available.

Objectives:

Participants will learn to:

- Understand the process of smoking cessation and factors involved in this initiative
- Formulate a quit date and implement necessary steps to quit
- Recognize withdrawal symptoms and substitute coping skills
- Develop ongoing support through the early weeks of nicotine withdrawal
- Understand the impact of smoking on lifestyle and prepare to make lifestyle changes to assist with smoking cessation
- Identify long-term strategies for remaining smoke free

Content Overview:

- **Session 1** – Understanding Why I Smoke and How Smoking Affects Others
- **Session 2** – Mastering the First Few Days Off of Cigarettes
- **Session 3** – Mastering the Obstacles to Staying Off of Cigarettes
- **Session 4** – Learning to Maintain Status as a Former Smoker

BEING A PARENT SURROGATE FOR EDUCATION DECISIONS

Training Summary:

A surrogate parent has the same authority as a parent with respect to educational decisions concerning the child however the requirement for education surrogate parents for group home children is only applicable for those children in special education. The orders of preference for naming a surrogate parent are a relative caretaker, foster parent, or court-appointed special advocate (CASA) as the designated person that makes educational decisions for the child.

Objectives:

Participants will learn to:

- Parent and Student Participation
- Appropriate Evaluation
- Individualized Education Program (IEP)
- Free and Appropriate Public Education (FAPE)
- Least Restrictive Environment (LRE)
- Procedural Safeguards

ACCESSING SPECIAL EDUCATION SERVICES

Training Summary:

Special education is in place to provide additional services, support, programs, specialized placements or environments to ensure that all students' educational needs are provided for. Special education is provided to qualifying students at no cost to the parents. There are many students who have special learning needs and these needs are addressed through special education. The range of special education support will vary based on need and educational jurisdictions. Each country, state or educational jurisdiction will have different policies, rules, regulations and legislation that governs what special education is.

Objectives:

Participants will learn to:

- Understand the referral process
- Understand the purpose of intervention and referral services team
- How is the child accessed for special education
- What is the evaluation plan
- What is an IEP
- What are the parent's rights

UNDERSTANDING AND PREPARING FOR THE IEP

Training Summary:

The process provided under the federal Individuals with Disabilities Education Act to evaluate the educational needs of and develop an academic plan for students with disabilities. It refers both to 1) the meetings where the school district determines whether or not a child is eligible for special education services and if so, the plan for the coming year, and 2) the annual detailed written description of the program and services to help children with special needs succeed in school. For many parents, the annual IEP meeting is a difficult and stressful encounter. You may have trouble making your child's case for services because you feel intimidated by school administrators and experts. There may be obstacles beyond your control, such as a teacher shortage, insufficient funds, or undesirable program options. While the process can seem overwhelming to a parent, it doesn't need to be this way.

Objectives:

Participants will learn to:

- Define IEP
- What are the IEP's content
- How can the IEP help/hurt the child
- How to understand your child's current function

INTEGRATING EDUCATIONAL ACTIVITIES INTO YOUR DAILY LIFE

Training Summary:

There are many questions you can ask your child during common, daily activities that will reinforce their educational skills. This can be done in a way that parent and the child can both enjoy.

Objectives:

Participants will learn to:

- How to integrate educational activities into daily activities
- Make learning fun
- Reinforce information taught in the classroom
- Allow the child to think critically

EDUCATION IN THE NEW MILLENIUM

Training Summary:

New millennium education provides expertise in face-to-face and multimedia-based delivery of education and training. It allows the student an opportunity to learn through hands on experience versus being limited to the classroom setting.

Objectives:

Participants will learn to:

- Define new millennium education
- Identify the student's curriculum
- Understand the advantages of new millennium education
- Identify ways to participate in the child's school

EDUCATION RELATIONSHIP BUILDING

Training Summary:

Good communication between parents and teachers has many benefits. When parents and teachers share information, children learn more and parents and teachers feel more supported. Good communication can help create positive feelings between teachers and parents.

Objectives:

Participants will learn to:

- Make the initial interaction a positive one
- How to build a strong relationship with teachers and school administrators
- Establish a open line of communication
- Ways to approach teachers with a problem

EFFECTIVE PARENTING

Training Summary:

Parenting is a responsibility for which unfortunately, there is no guidebook! This seminar offers parents of children of all ages an educational base to enhance childcare techniques. Through exploration of developmental challenges children face and best practices for parenting through these challenges, participants can build a strategic approach to child-care, understand their child-care goals and determine what kind of parents they wish to be.

Objectives:

Participants will learn to:

- Understand childhood stages, including developmental, emotional and psychological challenges that parents and children face
- Develop strategies for parenting children at individual stages
- Implement work/family balance
- Identify solutions to specific childcare issues
- Develop a healthy routine to reinforce positive behaviors
- Focus on the health, education and safety needs of a child
- Identify and apply effective parenting techniques through comprehensive inventories and discussions

WELL CHILD

Training Summary:

Childhood is a time of rapid growth and change. You will have pediatric well-child visits most often when your child is developing the fastest. Each visit includes a complete physical examination. At this exam, the health care provider will check the infant or young child's growth and development and try to find problems early.

The health care provider will record your child's height, weight, and other important information. Hearing, vision, and other tests will be part of some visits. Preventive care is important to keep children healthy.

Objectives:

Participants will learn to:

- How to select the right pediatrician
- Learn the developmental milestones for the child
- How to prepare the child for a visit with the physician
- What questions to ask during the visit

BASIC HEALTH MANAGEMENT:

Training Summary:

Basic health management is a popular topic in today's society. Society bombards us with advertisements; images and information related to trim physiques and tempts us to indulge in "easy" weight loss products, medications, and over the counter drugs. As experts have shown, strategies to effective basic health and weight management are simple. However, these strategies often prove elusive as evidenced by the constant emphasis on dieting in American culture. This seminar will assist participants in learning to avoid ineffective approaches and implement healthful strategies for effective health management and lifestyle change.

Objectives:

Participants will learn to:

- Understand the myths inherent to dieting
- Review common, popular diets
- Address health and weight problems
- Explore supplement safety
- Review dietary guidelines and develop a sustainable diet
- Develop effective strategies for understanding personal weight management issues
- Find solutions to meeting goals with regard to weight management
- Review weight management resources
- Explore personal weight management opinions through a comprehensive series of self-inventories and activities

HEALTHY SEXUAL ACTIVITY

Training Summary:

It's best to start talking with children about sexuality in early childhood but it's never too late. Talking with children about sex and sexuality may be uncomfortable at first, but it gets easier with time and practice. There are many different ways to start conversations about sex and sexuality. The world of sexuality and sexual health is filled with taboos and misinformation. This training will answer the questions you're afraid to discuss with your child on birth control, STDs, how to have rewarding sexual experiences, and more.

Objectives:

Participants will learn to:

- How to keep teens healthy
- How to strengthen the relationship with your teen
- Know what questions to ask

MEDICATION MANAGEMENT

Training Summary:

A child who enters foster care may or may not be taking medication. A child who enters your foster home without medication may need medication at some point while in care. Foster parents are responsible for understanding and following directions given by the prescribing health care provider. If a child on medication enters your foster home, make note of the purpose and type of medication. The purpose of medication can vary depending on the child's medical condition and needs. It can be given to alleviate symptoms or to manage medical or mental health conditions. Knowing the purpose of the prescribed medication is helpful as you comply health care provider's instructions.

Objectives:

Participants will learn to:

- The various types of medication available,
- The ways medications can be administered,
- Guidelines for administering medications,
- Record keeping, and
- Dealing with situations that may arise involving medication management.

UNDERSTANDING DRUGS AND ALCOHOL

Training Summary:

Substance abuse addiction is a serious health hazard that touches the lives of countless Americans. Negative effects are not limited to the individual and family, but have far-reaching implications for the workplace and society. Alcoholism and drug addiction cost business and industry an estimated 1.2 billion dollars yearly in lost productivity. Despite this significant negative impact, substance abuse is treatable. This seminar offers an exploration of the many facets of addiction, its impact and review of solutions available for treatment.

Objectives:

Participants will learn to:

- Understand key terminology related to addiction including substance use, abuse, dependency and experimentation
- Understand the addiction curve and key stages of chemical dependency
- Recognize signs and symptoms indicating the progression of addiction
- Identify effective treatment strategies for workplace intervention
- Explore effective coping strategies for supervisors, co-workers, family members and other individuals negatively impacted by addiction
- Identify and apply knowledge of addictions through various inventories and discussions

FINANCIAL LITERACY

Training Summary:

Financial learning experiences play a key role in shaping financial knowledge, skills, attitudes and behaviors. This includes what people learn informally about money management from friends, parents, other family members, peers or teachers.

Objectives:

Participants will learn to:

- Understand financial literacy and home ownership terms
- Identify ways to budget finances
- Learn credit scores and avoid credit fraud
- Identifying the influence of advertisement

PROTECTING YOURSELF AGAINST IDENTITY THEFT

Training Summary:

Technology advances over the past 20 years have advanced our society in ways never imagined possible. Despite all of the innovation, technology has also inspired a new wave of crime, including identity theft. Incidences of identity theft and fraud continue to rise rapidly in the United States, and these crimes not only cause monetary losses and suffering for victims but are also expensive and time consuming to address. There are steps one can take to minimize the risk of identity theft. This training will highlight precautionary measures in addition to key facts and protection essentials.

Objectives:

Participants will learn to:

- Define identity theft and review current statistics
- Discuss the categories of identity theft
- Learn new ways to protect yourself from identity theft
- Understand the steps to take if your identity is stolen
- Recognize available resources to assist with identity theft protection
- Explore individual susceptibility to identity theft through comprehensive inventories and discussions

COLLEGE PREPARATION

Training Summary:

Sending your child to college is one of life's big decisions. This training is designed to help families get a better sense of what's involved in college preparation.

Objectives:

Participants will learn to:

- Understand if college is in your child's plans
- When to start planning
- Understanding college options
- The application process
- Applying for financial aid
- Planning a career by degrees
- Researching colleges for students with disabilities

WRITING COLLEGE ESSAYS

Training Summary:

The college essay is often viewed as the most difficult part of an application for admission to a college. This training is designed to assist the parent in helping the prospective student prepare for writing the college essay. It provides tips and helpful hints to strengthen the final version prior to submission.

Objectives:

Participants will learn to:

- Requirements of a college essay
- Help the student decrease anxiety
- Provide technical support for the student i.e.: computer and printer etc.
- Help the student edit the essay and provide honest suggestions

PREPARING FOR THE PSAT, SAT, AND ACT

Training Summary:

It's no secret that standardized exams like the PSAT, SAT, and ACT is important guideposts for the future of your education. So preparing for these exams both intellectually and emotionally is vital. Teenagers are already under an enormous amount of stress during this time of their life cramming for these types of exams doesn't do much to improve your scores. This training assist parents with acquiring the skills to encourage them to succeed so that they can plan ahead.

Objectives:

Participants will learn to:

- Create a test preparation timetable
- Create a test preparation and admissions calendar
- Identify the resources that fit your child's learning style
- Encourage your child to study regularly

FAFSA AND SCHOLARSHIP PREPARATION

Training Summary:

FAFSA is a Free Application For Federal Student Aid. While the FAFSA needs to be filed with the 2012 tax information (which you won't get until at least January of next year), it is recommended that you get a head start on gathering the right information now. In fact, most of what you'll need for the FAFSA can be taken care of now. You can also estimate your tax information based on this years forms, however, this is only recommended if you can make a very accurate guess.

Objectives:

Participants will learn to:

- Identifying the scholarship program that is the most suitable for the family situation
- Creating a PIN number and online account
- Establishing a relationship with the potential college financial aid representatives
- The required tax information

PREPARING FOR COLLEGE VISITS

Training Summary:

Visiting the colleges on your child's wish list takes a lot of planning and preparation. It may be tempting to just yell "Road trip!" and go. But whether your travels take you far away or down the street, you'll get more out of your campus visits if you plan ahead. You might be traveling with family or friends, but make sure you have a chance to explore the college on your own.

Objectives:

Participants will learn to:

- The tools necessary to research the colleges
- Identify the colleges that your child wants to visit
- Identify the cost of the colleges and universities

ENTREPRENEURIAL EDUCATION

Training Summary:

Entrepreneurship education seeks to provide students with the knowledge, skills and motivation to encourage entrepreneurial success in a variety of settings. Variations of entrepreneurship education are offered at all levels of schooling from primary or secondary schools through graduate university programs.

Objectives:

Participants will learn to:

- Define Entrepreneurial education
- Provide motivation for entrepreneurial opportunities